

Cheer Challenge COUNTY BATTLE



Mark your Calendars NOW!

October 27, 2019

Location:

TBD

cheerchallengeva@gmail.com

Every Participant receives a T-Shirt!

Grand Champions receive special gift!

All teams receive a trophy!

Grand Champion teams win the coveted County Cup!

Jump and Tumble Stars!

Specialty Awards!

Early Bird Registration: \$20.00 per participant by October 1st

On-time Registration: \$25 per participant if received after October 1st

Exhibition Early Bird: \$10.00 - Exhibition On-Time: \$15.00

**Come for your chance to be crowned the
County Champ for 2019!**

LET THE BATTLE BEGIN..

EVENT GUIDELINES

- Each participant must turn in a completed release form. They can be turned in the day of competition or at early registration the Friday before competition. No participant will be allowed to compete without a form properly filled out and signed.
- Registration form and payment are due by **October 1st** to receive Early Bird pricing. Registration form and payment will be accepted until OCTOBER 11th
- Performance order will be determined by random drawing of teams prior to the competition.
- All teams will have 5 minutes on the stretch mat, 5 minutes on the tumble strip, and 5 minutes on a full cheer floor.
- Stunting will not be allowed in the hallways of the School.
- All teams will compete on a 42 x 42 regulation cheer floor.
- The only props permitted are signs and pom poms.
- Recreation divisions can mix ages. Division is determined by the oldest member.
- Cheer Challenge will not provide spotters. All routines should be self-spotted.
- Registration times will be on the coach's confirmation packet.
- A preliminary schedule will be sent out one week before event.
- Final schedule will be posted by Wednesday prior to event.
- Routine time limits is 3 minutes.
- Music only division is required for all teams that do not have a cheer in the routine
- The flag division is now the Mini division.
- The Minor division is now the Youth Division
- Exhibition teams will perform in the Exhibition division and will not be placed, but will receive individual t-shirt and team trophy.
- Competitor age cutoff is 9/30/19.
- Middle school division will follow VHSL rules.

County Battle Divisions

Division	Ages	
Mini (Small & Large) – Traditional Cheer	5,6,7 years old	No tumbling restrictions
Mini (Small & Large) - Music Only	5,6,7 years old	No tumbling restrictions
Youth Level 1 (Small & Large) – Traditional Cheer	8 & 9 years old	Limited tumbling
Youth Level 1 (Small & Large) – Music Only	8 & 9 years old	Limited tumbling
Youth Level 2 (Small & Large) – Traditional Cheer	8 & 9 years old	No tumbling restrictions
Youth Level 2 (Small & Large) – Music Only	8 & 9 years old	No tumbling restrictions
Junior Level 1 (Small & Large) – Traditional Cheer	10 & 11 years old	Limited tumbling
Junior Level 1 (Small & Large) – Music Only	10 & 11 years old	Limited tumbling
Junior Level 2 (Small & Large) – Traditional Cheer	10 & 11 years old	No tumbling restrictions
Junior Level 2 (Small & Large) – Music Only	10 & 11 years old	No tumbling restrictions
Senior Level 1 (Small & Large) – Traditional Cheer	12,13,14 years old	Limited tumbling
Senior Level 1 (Small & Large) – Music Only	12,13,14 years old	Limited tumbling
Senior Level 2 (Small & Large) – Traditional Cheer	12,13,14 years old	No tumbling restrictions
Senior Level 2 (Small & Large) – Music Only	12,13,14 years old	No tumbling restrictions
Middle School Cheer	VHSL Age Guidelines	VHSL Rules
Exhibition	No Age Restrictions	No tumbling restrictions

*Small divisions are 15 or less members. Divisions will be split between small and large as long as there are two or more teams in the division.

*If your routine does not have a “traditional cheer” included in the routine, the team must register in the **Music Only Division**. The music only division will compete only to cheer music (no stop in music). If your music is continuous and has a cheer “voiceover”, it will still classify as “Music Only”.

*Each level and age group will compete against each other for the County Cup (Grand Champion). One County Cup will be awarded to the highest scoring team in each age group and in each level. We will award a level 1 Cup and a level 2 Cup in each age category (The mini division will be awarded one Cup because they are not broken up by level).

*For the complete description on level 1 and 2 tumbling rules, please check the last page in this packet for tumbling guidelines.

*The middle school division will be scored on the VHSL rules.

TeamName: _____

ContactName: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Alt. Phone: _____

E-mail Address: _____

Please fill in the division you wish to compete in.
Please attach a Roster and Medical Release Forms.
Two coaches per team will be admitted free of charge. All extra coaches must pay the \$10.00 admission.

Circle One: LEVEL 1 TRADITIONAL LEVEL 1 MUSIC ONLY LEVEL 2 TRADITIONAL LEVEL 2 MUSIC ONLY

EXHIBITION

Mini	# _____
Youth 1 Traditional	# _____
Youth 1 Music Only	# _____
Youth 2 Traditional	# _____
Youth 2 Music Only	# _____
Junior 1 Traditional	# _____
Junior 1 Music Only	# _____
Junior 2 Traditional	# _____
Junior 2 Music Only	# _____
Senior 1 Traditional	# _____
Senior 1 Music Only	# _____
Senior 2 Traditional	# _____
Senior 2 Music Only	# _____
Middle School	# _____
Exhibition	# _____

TOTAL ENCLOSED:

2019 Cheer Challenge County Battle

MEDICAL TREATMENT/LIABILITY and PHOTO RELEASE

Each participant must turn in a completed release form at registration; otherwise they may not participate in any Cheer Challenge, Inc event.

I, the undersigned parent or guardian, do hereby grant permission for my daughter/son whose name is:

First Name _____ Last Name _____

School/Organization Name _____

Date of Birth ____/____/____

Event Attending _____ Event Date _____

And hereafter shall be referred to as 'participant' in the Cheer Challenge COUNTY BATTLE Competition. In order that the participant receive the necessary medical treatment in the event of an injury or illness, I hereby release the event coordinator, facility and its representatives from any liability associated with the exercise of this authority.

I further acknowledge and agree that in taking part in this event, there is the possibility of physical illness or injury (minimal, serious, or catastrophic) and that the participant is assuming the risk of such illness or injury by participating.

I further hold harmless, Cheer Challenge, Inc. including its officers, directors, staff, agents and the facilities in which the event is held for any illness or injury incurred by participating in the event.

Medical History of Participant – Please circle all that apply and, provides details/explanation.

Allergies	Asthma	Diabetes	Heart Trouble
Contact Lenses	High Blood Pressure	Convulsions/Seizures	Mental Disorders
Pre – existing injury	Other		

List Medications Participants is taking _____

I give Cheer Challenge, Inc the right and permission to film, photograph and or video the participant, or me (advisor/coach/director/parent) at the event and during the entire event schedule, for any reproductions associated in or any way connected with said televised or filmed event; to be used for the sole purpose of Cheer Challenge, Inc.

and all promotional materials. Signed this _____ in the presence of:

Day Month Year

Parents/Guardian Signature: _____

Participants Signature: _____

Participants Printed Name _____

Address: _____

City: _____ State _____ Zip _____

Home Phone _____ Work Phone _____

E-Mail _____

Insurance Carrier _____

Policy/Group Number _____

Cheer Challenge COUNTY BATTLE Championships
Individual Tumble Registration Form
COUNTY BATTLE, October 27, 2019

Association Name: _____

Participant 1: Name _____ D.O.B: _____ Age: _____

Participant 2: Name _____ D.O.B: _____ Age: _____

Participant 3: Name _____ D.O.B: _____ Age: _____

Participant 4: Name _____ D.O.B: _____ Age: _____

Participant 5: Name _____ D.O.B: _____ Age: _____

Participant 6: Name _____ D.O.B: _____ Age: _____

Participant 7: Name _____ D.O.B: _____ Age: _____

Participant 8: Name _____ D.O.B: _____ Age: _____

Participant 9: Name _____ D.O.B: _____ Age: _____

Participant 10: Name _____ D.O.B: _____ Age: _____

INDIVIDUAL TUMBLE REGISTRATION - # of competitors at \$5.00

Mini # _____

Youth # _____

Junior # _____

Senior # _____

Number of competitors X \$5.00 each =
TOTAL ENCLOSED:

Every participant will receive a ribbon, and the top 3 finalists will receive a medal. There will be no tumble registration taken the day of the event! Each individual tumbler will need to be registered and paid by October 11th.

(Duplicate this form as needed)

Make checks payable to and mail registration forms to:

Cheer Challenge, Inc
413 Branchway Rd
Richmond, Va 23236

**CHEER CHALLENGE
COUNTY BATTLE T-SHIRT ORDER FORM**

**Please list the size for each team member along with 2 coaches per team.
You may also purchase additional t-shirts for extra coaches/parents.
Please duplicate this form for each team.**

ASSOCIATION NAME: _____

MINI	YOUTH	JUNIOR	SENIOR	COACH
YS	YS	YS	YS	YS
YM	YM	YM	YM	YM
YL	YL	YL	YL	YL
AS	AS	AS	AS	AS
AM	AM	AM	AM	AM
AL	AL	AL	AL	AL
AXL	AXL	AXL	AXL	AXL
AXXL	AXXL	AXXL	AXXL	AXXL

☐ This form must be turned in by October 11th , 2019 to guarantee team shirts for the competition.

☐ If you would like to order extra for your other coaches, please include \$10.00 per shirt. Make sure you include the number of extra shirts with the counts above.

of Extra Shirts _____ X \$10.00 = \$ _____

RULES and SAFETY GUIDELINES for Recreation/Association Teams
Partner Stunts / Pyramids

1. All pyramids and partner stunts are limited to two persons high "Two high" is defined as the base (bottom person) having at least one foot on the ground.
2. The top person in a partner stunt, pyramid or transition may not be in an inverted (head below the waist) position, with the exception of a double-based forward suspended roll.
3. Suspended splits in a transition are allowed provided there are a total of 4 bases that support the top person: at least three of the bases must support under the legs of the top person and, the fourth base may support under the legs or make contact with the hands of the top person. The top person must have hand contact with the bases.
4. Partner stunts and pyramids higher than prep level must have a continuous spotter for each person over prep level.
5. When one person is bracing another (including over lapping of arms), one of the individuals must be at prep level or below.
6. If a person in a partner stunt or pyramid is used as a brace for an extended stunt that brace must not be supporting a majority of the top persons weight.
7. Double based straddle lifts must have an additional base for the head and shoulders of the top person.
8. Basket tosses are limited to no more than four tossers and must be dismounted to a cradle position by two of the original bases, plus an additional base at the head and shoulder area. These tosses may not be directed so that the bases must move to catch the top person. **Tosses may NOT involve more than 1 skill while in the air. No Flipping in basket tosses. Baskets are prohibited for Mini and Level 1 teams.**
9. Partner stunts, pyramids or participants may not pass over, under or through other partner stunts or pyramids. You may jump over another person.
10. Free falling flips or swan dives from any type of toss, partner stunt or pyramid are, prohibited.
11. Double based forward suspended rolls are allowed as long as the bases have their feet on the ground, and the top person and the bases maintain hand-to-hand contact throughout the skill.
12. Backward suspended rolls and single based suspended rolls are prohibited.
13. Cradle dismounts from prep level and above must use a back base in addition to the number of bases required for the stunt. Exception: A "chair" does not require an additional spotter. (A cradle is defined as a dismount from a partner stunt or pyramid in which the top person is caught in a hollow position before being placed on the floor or remounting into another stunt or pyramid.)
14. Twists greater than one rotation in stunts, tosses or dismounts are prohibited.
15. Single full cradles to the front from side facing stunts such as Arabesques and Scorpions are legal.
16. Tension rolls and tension drops are prohibited.
17. Helicopter tosses are prohibited.
18. Single based split catches are prohibited.
19. Toe pitch and leg pitch flips are prohibited.
20. The use of mini-trampolines, springboards, or any other height-increasing apparatus is prohibited.

Tumbling/Gymnastics/Jumps

LEVEL 1

1. Dive rolls are prohibited. (A dive roll is defined as a forward roll where your feet leave the ground before your hands reach the ground.)
2. All handspring, flips and or twists (exception is in a round off) are prohibited.
3. A forward three-quarter flip to the seat or knees is prohibited.
4. The use of mini trampolines, springboards, or any other height increasing apparatus is prohibited.
5. Participants may not tumble under or through partner stunts, pyramids, or over or under individuals.
6. Participants may not land in a partner stunt or in a catching position from an aerial tumbling skill. (Example: A back flip from a tumbling pass into a cradle is prohibited, however, rebounding from a round-off into a cradle is allowed.)
7. Landings for all jumps must bear weight on at least one foot. (Example: A toe touch jump or kick to a hurdler position, to the seat, knees, or landing with both feet back, or to a push-up position are prohibited.)
8. **Skills Allowed: Forward rolls, backward rolls, cart wheels, round offs, back/front walkovers, handstand forward rolls. No back/front handsprings or flip skills will be allowed.**

LEVEL 2

1. Dive rolls are prohibited. (A dive roll is defined as a forward roll where your feet leave the ground before your hands reach the ground.)
2. All handsprings, flips and or twists are allowed. Twisting skills are limited to one twisting rotation.
3. A forward three-quarter flip to the seat or knees is prohibited.
4. The use of mini trampolines, springboards, or any other height increasing apparatus is prohibited.
5. Participants may not tumble under or through partner stunts, pyramids, or over or under individuals.
6. Participants may not land in a partner stunt or in a catching position from an aerial tumbling skill. (Example: A back flip from a tumbling pass into a cradle is prohibited, however, rebounding from a back handspring into a cradle is allowed.)
7. Landings for all jumps must bear weight on at least one foot. (Example: A toe touch jump or kick to a hurdler position, to the seat, knees, or landing with both feet back, or to a push-up position are prohibited.)
8. **Skills Allowed: Forward rolls, backward rolls, cart wheels, round offs, back/front walkovers, handstand forward rolls. Back/front handsprings, tucks, Arabians, layouts, x-outs, layout step outs, and single full twisting layouts.**
9. **Flipping skills are limited to one flipping and one twisting rotation. Double back tucks or double twisting fulls are not allowed.**

ANY SAFETY INFRACTION WILL AUTOMATICALLY RESULT IN A 5 PT. PENALTY